

1

00:00:00,000 --> 00:00:22,700

I'm not sure what buildings they were in.

2

00:00:22,700 --> 00:00:24,400

Is anybody else freaking out?

3

00:00:24,400 --> 00:00:26,560

In a library, some girl was killed there.

4

00:00:26,560 --> 00:00:29,520

I heard somebody was murdered recently in a stacks.

5

00:00:29,840 --> 00:00:30,920

That's a really big one.

6

00:00:30,920 --> 00:00:32,520

I've heard that since I've been here.

7

00:00:32,520 --> 00:00:34,120

Somebody was stabbed.

8

00:00:34,120 --> 00:00:35,420

Oh.

9

00:00:35,420 --> 00:00:37,120

Have you heard about any haunted dorms?

10

00:00:37,120 --> 00:00:38,720

There's some stuff going on in my dorm room.

11

00:00:38,720 --> 00:00:40,220

I'm going to tell you guys something about me

12

00:00:40,220 --> 00:00:41,920

that I've never told anyone else.

13

00:00:45,720 --> 00:00:49,720

My name is Ryan, and I'm a paranormal investigator.

14

00:00:49,720 --> 00:00:52,420

When I was a kid, my experiences with the supernatural

15

00:00:52,420 --> 00:00:56,020

terrified me, and I've been searching for answers ever since.

16

00:00:56,020 --> 00:00:58,720

When I got to Penn State, I realized I wasn't alone

17

00:00:58,720 --> 00:00:59,820

in my quest.

18

00:00:59,820 --> 00:01:02,220

So I founded the Paranormal Research Society,

19

00:01:02,220 --> 00:01:05,520

dedicated to helping those who are haunted like I was.

20

00:01:05,520 --> 00:01:07,520

We are students.

21

00:01:07,520 --> 00:01:09,720

We are seekers.

22

00:01:09,720 --> 00:01:11,920

And sometimes we're warriors.

23

00:01:11,920 --> 00:01:15,020

And each time we help someone, I feel like I'm one step closer

24

00:01:15,020 --> 00:01:16,520

to finding the truth.

25

00:01:16,520 --> 00:01:18,520

This is Paranormal State.

26

00:01:29,720 --> 00:01:36,720

So why don't you give me a little background on how you got involved in the Paranormal?

27

00:01:36,720 --> 00:01:38,520

I had an experience when I was young.

28

00:01:38,520 --> 00:01:40,120

It wasn't fun by any means.

29

00:01:40,120 --> 00:01:42,120

I tried talking to my mom.

30

00:01:42,120 --> 00:01:45,920

She just preferred that it didn't happen.

31

00:01:45,920 --> 00:01:48,220

So you can identify with a lot of your clients?

32

00:01:48,220 --> 00:01:50,220

I mean, that's why I worked so hard with PRS,

33

00:01:50,220 --> 00:01:51,620

is because I wanted answers.

34

00:01:51,620 --> 00:01:53,420

I wanted a group.

35

00:01:53,420 --> 00:01:55,920

I wanted people around me who can help me understand

36

00:01:55,920 --> 00:01:57,520

what was going on with me in the past.

37

00:01:57,520 --> 00:02:01,520

And that's what inspired you to create the Paranormal Research Society?

38

00:02:01,520 --> 00:02:02,720

There are people who need help.

39

00:02:02,720 --> 00:02:04,720

There are people who are experiencing things now.

40

00:02:04,720 --> 00:02:07,520

There are people who have questions now, who want answers now.

41

00:02:07,520 --> 00:02:09,520

And that's when I said, you know what, this is what I need to do.

42

00:02:09,520 --> 00:02:11,520

I need to be an investigator.

43

00:02:11,520 --> 00:02:15,320

So what were some of those early investigations like?

44

00:02:15,320 --> 00:02:18,720

Penn State has a lot of unique paranormal history.

45

00:02:18,720 --> 00:02:20,820

There were a few unsolved deaths here.

46

00:02:20,820 --> 00:02:25,220

My first two cases were those of Betsy Yardsma, a grad student killed in the stacks.

47

00:02:25,220 --> 00:02:29,420

And then there's Cindy Song, a girl who went missing on Halloween night in 2001.

48

00:02:29,420 --> 00:02:34,420

That case caught national tension and landed me in the newly formed PRS in the spotlight.

49

00:02:34,420 --> 00:02:39,220

This was our first, like, publicized case that we did.

50

00:02:39,220 --> 00:02:43,220

It's kind of the one that really people heard started hearing about the Paranormal Research Society.

51

00:02:43,220 --> 00:02:47,420

But despite my best efforts, both of these cases remain unsolved to this day.

52

00:02:47,420 --> 00:02:49,420

Our home base was the stage.

53

00:02:49,420 --> 00:02:52,420

The place where we got a few weird things is in the attic.

54

00:02:52,420 --> 00:02:53,920

You guys all know the legend, right?

55

00:02:53,920 --> 00:02:54,420

No.

56

00:02:54,420 --> 00:02:58,620

The spirit of Frances Adlerton, the wife of one of the school's founders,

57

00:02:58,620 --> 00:03:01,620

they say she still haunts the attic of old Botany.

58

00:03:01,620 --> 00:03:06,620

I've always wanted to do a proper dead time here now that I've had more experience.

59

00:03:06,620 --> 00:03:07,620

But it will have to wait.

60

00:03:07,620 --> 00:03:10,620

Now we have a case to deal with right here on campus.

61

00:03:10,620 --> 00:03:18,620

As you know, we're doing a case here at Penn State this weekend in East Halls.

62

00:03:18,620 --> 00:03:21,620

Lauren, who's a girl who's experiencing a haunting.

63

00:03:21,820 --> 00:03:25,820

Visual apparitions, voices, movement of objects.

64

00:03:25,820 --> 00:03:29,820

And it all seemed to start when she played this Japanese candle game.

65

00:03:29,820 --> 00:03:34,820

She says she's afraid, yet she keeps wanting to play these spiritual occult games.

66

00:03:34,820 --> 00:03:37,820

She wants to do the candle game again.

67

00:03:37,820 --> 00:03:41,820

Common sense would say that if you're experiencing things and it's actually frightening you,

68

00:03:41,820 --> 00:03:43,820

why would you want to keep doing it?

69

00:03:43,820 --> 00:03:44,820

But that's typical.

70

00:03:44,820 --> 00:03:49,820

So many people, they don't think, come here and they just realize it's not a smart move.

71

00:03:50,020 --> 00:03:54,020

She's a freshman, so it could be that Lauren's having a difficult time adjusting to college life

72

00:03:54,020 --> 00:03:57,020

and being away from home for the first time.

73

00:03:58,020 --> 00:04:02,020

It seemed like a lot of things started happening at once like a couple weeks ago.

74

00:04:02,020 --> 00:04:09,020

I woke up getting ready for school and I looked over and I noticed that a girl's in my roommate's bed.

75

00:04:09,020 --> 00:04:15,020

And whenever I turned around again, she started shaking her head back and forth like this.

76

00:04:15,020 --> 00:04:19,020

And she just kind of disappeared about a month later.

77

00:04:19,220 --> 00:04:24,220

I woke up around the same time and I look over and the same girl was in my roommate's bed

78

00:04:24,220 --> 00:04:27,220

and she had her elbows propped up looking at me.

79

00:04:27,220 --> 00:04:30,220

And I was thinking, not again.

80

00:04:30,220 --> 00:04:32,220

So tell me about the game that you were playing.

81

00:04:32,220 --> 00:04:36,220

The easy English phrase where it's 100 candles or 100 tales of horror.

82

00:04:36,220 --> 00:04:41,220

You're supposed to tell different horror stories and each time you tell a horror story, you blow out the candle.

83

00:04:41,220 --> 00:04:47,220

It said that whenever you're done playing the game, there should be 100 spirits in the room with you.

84

00:04:47,420 --> 00:04:51,420

But did you notice an increase in activity after you did the game?

85

00:04:51,420 --> 00:04:52,420

Yeah.

86

00:04:52,420 --> 00:04:55,420

Have you heard any stories about hauntings on campus?

87

00:04:55,420 --> 00:04:58,420

Yeah, I went on the lantern tours.

88

00:04:58,420 --> 00:05:05,420

They showed us Atherton's grave and then the library, how that one girl was ice-picked in the heart.

89

00:05:05,420 --> 00:05:06,420

You're a freshman, right?

90

00:05:06,420 --> 00:05:09,420

So you've only been here for a few months.

91

00:05:09,420 --> 00:05:12,420

And have you told your parents about this?

92

00:05:12,420 --> 00:05:13,420

Yeah.

93

00:05:13,420 --> 00:05:14,420

What did they say?

94

00:05:14,420 --> 00:05:16,420

I think it's stupid.

95

00:05:16,620 --> 00:05:17,620

Oh yeah?

96

00:05:17,620 --> 00:05:18,620

Yeah.

97

00:05:18,620 --> 00:05:19,620

Director's log.

98

00:05:19,620 --> 00:05:21,620

I just finished my preliminary interview with Lauren.

99

00:05:21,620 --> 00:05:28,620

Although I'm not sure how serious her case is, I can definitely relate since my parents didn't believe me when I told them my experiences either.

100

00:05:28,620 --> 00:05:31,620

We're heading back to our dorm to see if we can learn more.

101

00:05:31,620 --> 00:05:33,620

So this is your area right here?

102

00:05:33,620 --> 00:05:34,620

Yeah.

103

00:05:34,620 --> 00:05:38,620

When you were sleeping here, you experienced something over there?

104

00:05:38,620 --> 00:05:40,620

That's where you saw the apparition.

105

00:05:40,620 --> 00:05:42,620

She was laying down in her bed.

106

00:05:42,620 --> 00:05:43,620

Wow.

107

00:05:43,620 --> 00:05:44,620

And what did this girl look like?

108

00:05:44,820 --> 00:05:45,820

I couldn't really tell.

109

00:05:45,820 --> 00:05:49,820

I can't really describe any features that stood out to me or anything.

110

00:05:49,820 --> 00:05:50,820

Okay.

111

00:05:51,820 --> 00:05:54,820

Now, does it seem like everything is always coming from over here?

112

00:05:54,820 --> 00:05:57,820

Yeah, like my friend saw someone in the reflection in the window.

113

00:05:57,820 --> 00:05:59,820

He said she was standing right there.

114

00:05:59,820 --> 00:06:00,820

Oh.

115

00:06:00,820 --> 00:06:01,820

Who was in the room with you when that happened?

116

00:06:01,820 --> 00:06:02,820

My boyfriend.

117

00:06:02,820 --> 00:06:04,820

What does he think of all this?

118

00:06:04,820 --> 00:06:06,820

He's scared of my room now.

119

00:06:06,820 --> 00:06:09,820

So he understands why I don't want to be alone in here.

120

00:06:09,820 --> 00:06:10,820

Yeah.

121

00:06:11,020 --> 00:06:15,020

When I'm in here, I always look around because I'm always expecting something to happen now.

122

00:06:15,020 --> 00:06:18,020

What did Lauren tell you about seeing the girl on Texas' bed?

123

00:06:18,020 --> 00:06:21,020

Oh, she told me right after it happened, everything.

124

00:06:21,020 --> 00:06:25,020

Lauren told me that she saw a girl sitting with her legs kind of over mine,

125

00:06:25,020 --> 00:06:28,020

just like with her hands on her face.

126

00:06:28,020 --> 00:06:31,020

Has anybody else on the floor come to you to tell you anything weird?

127

00:06:31,020 --> 00:06:38,020

I was laying on Texas' bed when we were just watching TV and then all of a sudden I saw this form over here,

128

00:06:38,220 --> 00:06:41,220

like this white, wispy thing.

129

00:06:41,220 --> 00:06:44,220

And he turned around and nobody was there.

130

00:06:44,220 --> 00:06:48,220

That's the first time that anyone else saw a human form other than Lauren.

131

00:06:48,220 --> 00:06:51,220

Did you notice any of the activity increasing after you played the game?

132

00:06:51,220 --> 00:06:57,220

Little weird things happen in this room, but I kind of just dismissed them as normal happenings.

133

00:06:57,220 --> 00:07:01,220

Since Lauren's dorm room is too small and far too noisy to do an effective dead time,

134

00:07:01,220 --> 00:07:05,220

I think the next step is to research the 100 Candles game and play it ourselves.

135

00:07:05,420 --> 00:07:08,420

Only then will we know how dangerous it can be.

136

00:07:08,420 --> 00:07:13,420

100 Candles will be placed in a circle and the players would each tell a ghoulish tale,

137

00:07:13,420 --> 00:07:17,420

often a story from their local village, or perhaps a more personal experience.

138

00:07:17,420 --> 00:07:21,420

As each tale ended, their storyteller would douse a single candle,

139

00:07:21,420 --> 00:07:24,420

the lights slowly fading as the tension rose.

140

00:07:24,420 --> 00:07:27,420

The game was said to be a ritual of evocation,

141

00:07:27,420 --> 00:07:30,420

the expiration of each story in each candle,

142

00:07:30,420 --> 00:07:32,420

summoning more spiritual energy,

143

00:07:32,620 --> 00:07:35,620

transforming the room into a beacon for the dead.

144

00:07:35,620 --> 00:07:37,620

With the vanishing of the final light,

145

00:07:37,620 --> 00:07:40,620

someone or something terrible would be waiting in the darkness.

146

00:07:43,620 --> 00:07:48,620

My sister was going downstairs one day and I just remember being deathly afraid to be upstairs by myself

147

00:07:48,620 --> 00:07:50,620

and I would never sleep in my own bedroom.

148

00:07:50,620 --> 00:07:53,620

So she was going downstairs one day and she was looking through the banister to make sure I was upstairs

149

00:07:53,620 --> 00:07:56,620

and she saw a girl sitting on my bed who looked exactly like me.

150

00:07:56,620 --> 00:07:59,620

And when she came down the stairs I was at the foot of the stairs.

151

00:07:59,820 --> 00:08:01,820

And I remember that since she was like, how'd you do that?

152

00:08:01,820 --> 00:08:03,820

I'm like, what are you talking about?

153

00:08:03,820 --> 00:08:05,820

And we went upstairs and there was nobody there.

154

00:08:07,820 --> 00:08:09,820

You guys know I drive very, very fast.

155

00:08:09,820 --> 00:08:13,820

I was cruising along and just out of the corner of my eye,

156

00:08:13,820 --> 00:08:16,820

I saw this elderly woman just walking across.

157

00:08:16,820 --> 00:08:22,820

She was blue, like glowing blue, but I figured, okay, I'm gonna slow down for once.

158

00:08:22,820 --> 00:08:26,820

And there was a pack of deer in front of me and if I would have been going my normal speed,

159

00:08:27,020 --> 00:08:30,020

I'd have, yeah, I wouldn't be here.

160

00:08:35,020 --> 00:08:39,020

Okay, I'm gonna tell you guys something about me that I've never told anyone else.

161

00:08:39,020 --> 00:08:41,020

When I was young I had a bunk bed.

162

00:08:41,020 --> 00:08:45,020

I was on the top bunk and I heard someone counting below me

163

00:08:45,020 --> 00:08:48,020

and I thought it was my little brother Jordan and that was nothing there.

164

00:08:48,020 --> 00:08:50,020

And then instantly just like bam!

165

00:08:50,020 --> 00:08:54,020

It's like all the hair on my arm stood up.

166

00:08:54,220 --> 00:08:58,220

Instinct told me there was something there that I should have moved away from.

167

00:08:58,220 --> 00:09:05,220

My bunk bed would look towards the doorway and I saw like a four-foot, scary-looking,

168

00:09:05,220 --> 00:09:09,220

trolled demon, very wide grin.

169

00:09:09,220 --> 00:09:15,220

You could see its teeth and it went like all the way up to here, to here, and just black eyes.

170

00:09:15,220 --> 00:09:19,220

And it would peek from around the corner of the door.

171

00:09:19,220 --> 00:09:22,220

So I told my mom, I said, mom, I think this house might be haunted or something.

172

00:09:22,420 --> 00:09:27,420

And she's like, no, no, no, it's something that stayed with me ever since.

173

00:09:33,420 --> 00:09:34,420

The sun voice.

174

00:09:35,420 --> 00:09:37,420

Did you guys hear the sounds?

175

00:09:38,420 --> 00:09:39,420

What's that noise?

176

00:09:39,420 --> 00:09:40,420

I don't know.

177

00:09:40,420 --> 00:09:41,420

Oh my God.

178

00:09:41,420 --> 00:09:43,420

Something just touched me.

179

00:09:49,420 --> 00:09:50,420

What's that noise?

180

00:09:52,420 --> 00:09:53,420

What's going on?

181

00:09:53,420 --> 00:09:54,420

Oh no.

182

00:09:54,420 --> 00:09:55,420

John!

183

00:09:56,420 --> 00:09:57,420

Gotcha!

184

00:09:59,420 --> 00:10:01,420

I'm starting to see the point of this game.

185

00:10:01,420 --> 00:10:06,420

I could just see how this game would terrify people scaring themselves or scaring someone else.

186

00:10:09,420 --> 00:10:12,420

My first case was an impossible case to solve.

187

00:10:12,420 --> 00:10:14,420

How can you solve Betsy Yardsma's murder?

188

00:10:14,420 --> 00:10:16,420

Same time, Cindy Song.

189

00:10:16,420 --> 00:10:20,420

But now we have a case that we could possibly solve and help.

190

00:10:20,620 --> 00:10:23,620

That's what I've been thinking about so far this week is,

191

00:10:23,620 --> 00:10:27,620

you gotta kind of let the past go like Cindy Song and Betsy

192

00:10:27,620 --> 00:10:32,620

and just focus on the current case where someone currently needs help.

193

00:10:32,620 --> 00:10:36,620

You just gotta put faith in the fact that Cindy Song and Betsy Yardsma are in good places

194

00:10:36,620 --> 00:10:37,620

and they're fine.

195

00:10:37,620 --> 00:10:40,620

But Lauren's not, you know, she's afraid.

196

00:10:41,620 --> 00:10:42,620

Directors Log.

197

00:10:42,620 --> 00:10:45,620

Last night we played the ancient Japanese game of 100 Candles.

198

00:10:45,620 --> 00:10:49,620

Even though no paranormal activity occurred, it was enough to stir my team.

199

00:10:50,620 --> 00:10:55,620

So I'm sure it was enough to frighten Lauren and add to any anxiety she may already be experiencing.

200

00:10:55,620 --> 00:10:59,620

Nevertheless, I think we should investigate Lauren's room in the dormitory itself.

201

00:11:00,620 --> 00:11:04,620

I've asked for the help of a local investigative psychic named Cherie.

202

00:11:04,620 --> 00:11:07,620

She has worked with numerous missing persons cases in the state.

203

00:11:07,620 --> 00:11:11,620

Since having a client meet with a psychic can often influence their readings,

204

00:11:11,620 --> 00:11:14,620

I decided to have Alfie meet with Cherie instead of Lauren.

205

00:11:14,820 --> 00:11:20,820

Something has occurred with an individual that was in one of these rooms that there's a death.

206

00:11:20,820 --> 00:11:25,820

And the activity that's left behind here would be a female.

207

00:11:26,820 --> 00:11:31,820

I see a maroon car on the outskirts of the building

208

00:11:31,820 --> 00:11:36,820

as if one would be leaving this premises to go off in that vehicle.

209

00:11:36,820 --> 00:11:39,820

There's also a young man, Michael.

210

00:11:39,820 --> 00:11:40,820

I hear the name Michael.

211

00:11:41,020 --> 00:11:45,020

I hear that name and the name John.

212

00:11:45,020 --> 00:11:48,020

So we have two names.

213

00:11:48,020 --> 00:11:53,020

So what you're saying is whatever happened to this girl took place outside this room.

214

00:11:53,020 --> 00:12:01,020

I feel like there is no real closure to the things that I am picking up.

215

00:12:02,020 --> 00:12:05,020

Cherie has given us some leads but they're pretty loose.

216

00:12:05,020 --> 00:12:09,020

We'll need to investigate further to see if we can find any conclusive evidence.

217

00:12:11,020 --> 00:12:16,020

We're trying to look up records doing with missing persons who might have gone to the spa hall.

218

00:12:16,020 --> 00:12:17,020

Any major accidents?

219

00:12:17,020 --> 00:12:21,020

Like if a student had lived there, they had gotten in a car accident while they were living there.

220

00:12:21,020 --> 00:12:23,020

There was an accident in the dorm.

221

00:12:23,020 --> 00:12:26,020

We'd have no way of knowing unless I had a name to look up.

222

00:12:26,020 --> 00:12:28,020

The only names we were given were John and Michael.

223

00:12:28,020 --> 00:12:32,020

Well that's some place to go. Let me see if I can just look and see what we've got.

224

00:12:34,020 --> 00:12:36,020

We know there's a maroon car involved.

225

00:12:36,020 --> 00:12:38,020

Red and maroon?

226

00:12:38,020 --> 00:12:40,020

Yeah, maroon-ish.

227

00:12:41,020 --> 00:12:45,020

Do you know what kind of incident the red car might have been involved in?

228

00:12:45,020 --> 00:12:48,020

There was a girl from the dorm that got in a car accident.

229

00:12:48,020 --> 00:12:49,020

Involved in an accident?

230

00:12:49,020 --> 00:12:51,020

Yeah, like a car accident.

231

00:12:55,020 --> 00:12:57,020

Nope, I'm sorry, nothing like that's coming up.

232

00:12:57,020 --> 00:13:00,020

So you guys found nothing at the police station?

233

00:13:00,020 --> 00:13:01,020

Nope.

234

00:13:01,020 --> 00:13:04,020

So we officially have nothing to go on.

235

00:13:04,020 --> 00:13:06,020

Now what?

236

00:13:06,020 --> 00:13:10,020

How do you connect this case then to all the other cases happening on campus?

237

00:13:10,220 --> 00:13:14,220

Maybe she heard urban legend stories with like Schwab and Obotany and maybe...

238

00:13:14,220 --> 00:13:16,220

I don't know, that got to her.

239

00:13:16,220 --> 00:13:20,220

They're freshmen. This first time they're probably away from mom and dad and on their own.

240

00:13:20,220 --> 00:13:23,220

Then you're saying that they're not really scared of the spirits.

241

00:13:23,220 --> 00:13:27,220

They're just projecting their fear from other things onto a legend.

242

00:13:27,220 --> 00:13:30,220

Since the leads the psychic gave us have hit a dead end,

243

00:13:30,220 --> 00:13:33,220

I think it's time we redirect our focus.

244

00:13:33,220 --> 00:13:36,220

Penn State has a lot of urban legends and ghost stories.

245

00:13:36,220 --> 00:13:38,220

Something that attracted me to the school,

246

00:13:38,220 --> 00:13:40,220

and I make others a little nervous.

247

00:13:40,220 --> 00:13:43,220

It's entirely possible that Lauren is an anxious freshman,

248

00:13:43,220 --> 00:13:48,220

whose fears may have been amplified by campus lore and an intense spirit communications game.

249

00:13:48,220 --> 00:13:52,220

So I want to look more closely at the power of these stories.

250

00:13:52,220 --> 00:13:54,220

First of all, what is an urban legend?

251

00:13:54,220 --> 00:13:58,220

An urban legend is a story that people believe to be true,

252

00:13:58,220 --> 00:14:03,220

and usually is reported to have happened in a local area and in the recent past.

253

00:14:03,220 --> 00:14:05,220

So what about campus legends?

254

00:14:05,220 --> 00:14:08,220

Well, campuses are a great place as a mystery,

255

00:14:08,220 --> 00:14:10,220

and so you can understand why urban legends arise,

256

00:14:10,220 --> 00:14:14,220

because after all, you have a large part of the campus population,

257

00:14:14,220 --> 00:14:16,220

which is new to this environment.

258

00:14:16,220 --> 00:14:20,220

They're trying to figure out what may seem unknown to them.

259

00:14:20,220 --> 00:14:26,220

So with a freshman coming in, you're saying that they might be more susceptible to these stories.

260

00:14:26,220 --> 00:14:30,220

A lot of the story telling that goes on come from new students,

261

00:14:30,220 --> 00:14:35,220

to share among each other as a form of bonding in this new environment.

262

00:14:35,220 --> 00:14:36,220

Interesting.

263

00:14:36,220 --> 00:14:39,220

So now that we know why urban legends are so powerful,

264

00:14:39,220 --> 00:14:41,220

I've assigned Heather the task of going out with her camera

265

00:14:41,220 --> 00:14:45,220

to see which one of these stories is the most prevalent on campus.

266

00:14:45,220 --> 00:14:47,220

Old May Night here is haunted. Mrs. Atherton.

267

00:14:47,220 --> 00:14:50,220

Apparently if you go around Old May Night at night, you can hear footsteps.

268

00:14:50,220 --> 00:14:53,220

Around midnight every night, if you go to the side of Atherton's grave,

269

00:14:53,220 --> 00:14:56,220

and you look to the building, you can kind of see,

270

00:14:56,220 --> 00:15:01,220

supposedly his wife in the window looking towards his grave.

271

00:15:04,220 --> 00:15:07,220

This is a window that according to legend,

272

00:15:07,220 --> 00:15:11,220

people will walk outside and they'll see a face just like this,

273

00:15:11,220 --> 00:15:18,220

staring at them or outside, looking across at Schwab Auditorium at Mr. Atherton's grave,

274

00:15:18,220 --> 00:15:21,220

which is exactly across from where I'm standing.

275

00:15:21,220 --> 00:15:24,220

Since this is the site of Penn State's most popular ghost story,

276

00:15:24,220 --> 00:15:28,220

I think it's the perfect place to try and contact any spirits lingering on campus,

277

00:15:28,220 --> 00:15:31,220

including the one that may or may not be haunting Lauren.

278

00:15:31,220 --> 00:15:35,220

We'd like to communicate with whoever is here in this building.

279

00:15:35,220 --> 00:15:37,220

We mean you know harm whatsoever.

280

00:15:37,220 --> 00:15:42,220

We want to help you if we can in any way, just know that you cannot harm us.

281

00:15:43,220 --> 00:15:45,220

Are you Mrs. Atherton?

282

00:15:49,220 --> 00:15:51,220

Are you the spirit that haunts Lauren?

283

00:15:55,220 --> 00:15:58,220

Do you know that you're dead?

284

00:16:03,220 --> 00:16:06,220

Are you trapped in this building?

285

00:16:09,220 --> 00:16:10,220

Whoa, whoa, whoa.

286

00:16:10,220 --> 00:16:12,220

It got really hot all of a sudden.

287

00:16:12,220 --> 00:16:14,220

I feel like I got blasted with heat.

288

00:16:16,220 --> 00:16:20,220

There's definitely a correlation between heat and supernatural activity.

289

00:16:21,220 --> 00:16:23,220

Can you give us a sign?

290

00:16:26,220 --> 00:16:28,220

Can you make this lantern go out?

291

00:16:33,220 --> 00:16:36,220

Can you knock on something or move something?

292

00:16:36,220 --> 00:16:38,220

Oh, I don't know.

293

00:16:38,220 --> 00:16:40,220

It just turned off?

294

00:16:40,220 --> 00:16:41,220

Holy cow.

295

00:16:41,220 --> 00:16:43,220

Is anybody else freaking out?

296

00:16:47,220 --> 00:16:48,220

It's dead.

297

00:16:48,220 --> 00:16:51,220

That was completely charged when I brought it up here.

298

00:16:54,220 --> 00:17:01,220

They say that with spirits, because they don't have any physical means of manifesting,

299

00:17:01,220 --> 00:17:05,220

they suck energy and heat from the atmosphere.

300

00:17:05,220 --> 00:17:07,220

We're in a very nice hot spot for that.

301

00:17:07,220 --> 00:17:10,220

And we have electronic devices and now they're starting to fail.

302

00:17:10,220 --> 00:17:15,220

It's possible that something's sucking energy to prepare to communicate.

303

00:17:19,220 --> 00:17:24,220

We have electronic devices and now they're starting to fail.

304

00:17:24,220 --> 00:17:27,220

All right, we've got one source of light left.

305

00:17:27,220 --> 00:17:28,220

Oh.

306

00:17:30,220 --> 00:17:32,220

Whoa, whoa, whoa.

307

00:17:35,220 --> 00:17:36,220

What's that noise?

308

00:17:36,220 --> 00:17:37,220

Static.

309

00:17:37,220 --> 00:17:38,220

Static?

310

00:17:38,220 --> 00:17:39,220

Ah.

311

00:17:39,220 --> 00:17:41,220

You okay?

312

00:17:41,220 --> 00:17:43,220

What's it doing that?

313

00:17:43,220 --> 00:17:45,220

It was quite loud over here.

314

00:17:45,220 --> 00:17:47,220

That sounded really weird.

315

00:17:47,220 --> 00:17:49,220

It sounded like voices.

316

00:17:49,220 --> 00:17:51,220

Hello?

317

00:17:51,220 --> 00:17:53,220

The microphone just died.

318

00:17:53,220 --> 00:17:55,220

Okay, that's two battery operated devices down.

319

00:17:55,220 --> 00:17:57,220

It just died, literally.

320

00:17:59,220 --> 00:18:04,220

Directors log, we experienced some unique audio and electrical activity during dead time,

321

00:18:04,220 --> 00:18:08,220

but I can't say for sure whether this was due to the spirit of Mrs. Atherton

322

00:18:08,220 --> 00:18:12,220

or Campus Legend biasing our perception of the activity.

323

00:18:13,220 --> 00:18:16,220

At the risk of adding another unsolved mystery to my files,

324

00:18:16,220 --> 00:18:22,220

my opinion at this point is that there are simply too many factors here to draw a solid conclusion in Lauren's case.

325

00:18:22,220 --> 00:18:27,220

Her experiences could be the product of her own anxiety or influenced by Campus Legend,

326

00:18:27,220 --> 00:18:29,220

or they could be real.

327

00:18:29,220 --> 00:18:34,220

Right now, I think the most important thing we can do for Lauren is to make sure she knows that we're here for her

328

00:18:34,220 --> 00:18:36,220

and we don't think she's crazy.

329

00:18:36,220 --> 00:18:39,220

Have you ever thought about maybe requesting to move from that room?

330

00:18:39,220 --> 00:18:42,220

Yeah, people told me like there's always the option of moving out

331

00:18:42,220 --> 00:18:45,220

but it kind of seems like I'm running away from my problems if I do that.

332

00:18:45,220 --> 00:18:46,220

Yeah.

333

00:18:46,220 --> 00:18:47,220

So...

334

00:18:47,220 --> 00:18:50,220

Playing the games, that'll definitely help if you don't do that.

335

00:18:50,220 --> 00:18:52,220

I think you know that now.

336

00:18:53,220 --> 00:18:58,220

As an added measure, I'm introducing Lauren to Jamie, a counselor and former Penn State student.

337

00:18:58,220 --> 00:19:03,220

That way, no matter what the rest of the semester holds, she'll have somebody to turn to.

338

00:19:03,220 --> 00:19:06,220

So how are you feeling after this weekend, after the group was there?

339

00:19:06,220 --> 00:19:10,220

I think I'm gonna try and not be so anxious and stuff.

340

00:19:10,220 --> 00:19:14,220

Okay, because like if I keep going through that, like it's not healthy, I guess.

341

00:19:14,220 --> 00:19:19,220

I think it's important for you to just feel really empowered about being in your room

342

00:19:19,220 --> 00:19:22,220

and about feeling safe there and not feeling scared.

343

00:19:22,220 --> 00:19:28,220

I'm basically gonna try and just, I guess, overcome whatever's going on and put it behind me.

344

00:19:29,220 --> 00:19:31,220

Again, we're always here.

345

00:19:31,220 --> 00:19:32,220

Okay.

346

00:19:32,220 --> 00:19:33,220

And then I want to give you this.

347

00:19:33,220 --> 00:19:34,220

It's a Benedictine medal.

348

00:19:34,220 --> 00:19:38,220

It's been blessed and it's helped us out a lot.

349

00:19:38,220 --> 00:19:40,220

So I wanted you to have it.

350

00:19:40,220 --> 00:19:41,220

Okay, thank you.

351

00:19:41,220 --> 00:19:43,220

And take care, Lauren.

352

00:19:43,220 --> 00:19:44,220

Thanks.

353

00:19:46,220 --> 00:19:49,220

This is the closing director's log for the East Halls case.

354

00:19:49,220 --> 00:19:53,220

Though it's impossible to isolate one cause for what Lauren is experiencing,

355

00:19:53,220 --> 00:19:57,220

freshman fear would have to factor into any realistic conclusion.

356

00:19:57,220 --> 00:20:04,220

Campus legends that serve as cautionary tales to new students can create an environment of anxiety and fear.

357

00:20:05,220 --> 00:20:09,220

Lauren is just very impressionable, very scared.

358

00:20:09,220 --> 00:20:13,220

And I think this is what happens when scary stories go wrong.

359

00:20:18,220 --> 00:20:25,220

You can convince yourself that you're being haunted or that you are scared by telling scary stories.

360

00:20:25,220 --> 00:20:29,220

I think she learned a lot, which was if you're experiencing something scary,

361

00:20:29,220 --> 00:20:34,220

the logical thing to do is not to go, okay, let me scare myself more.

362

00:20:34,220 --> 00:20:36,220

This is a weird kind of case.

363

00:20:36,220 --> 00:20:37,220

It wasn't one client.

364

00:20:37,220 --> 00:20:40,220

We were investigating a bunch of urban legends.

365

00:20:40,220 --> 00:20:43,220

To Penn State and its legends?

366

00:20:43,220 --> 00:20:44,220

To the unknown.